

Case Study

NO MORE FALLING ASLEEP AT THE WHEEL—RENEW YOUTH IMPROVES VETERAN'S WAKEFULNESS AND MEMORY (WITH A 70-POUND "SIDE EFFECT")

RENEW YOUTH™

PATIENT:

George Lewis*

AGE:

53

BEGAN TREATMENT WITH RENEW YOUTH:

2018

SYMPTOMS:

Low libido, fatigue, depression, irritability, night sweats, insomnia, weight gain, loss of muscle mass, brain fog, gynecomastia, and unproductive workouts

TREATMENT REGIMEN:

- Testosterone 2x per week by injection
- Estrogen blocker
- HCG
- DHEA

CHANGES:

Increased energy, weight loss (70 lbs.), improved workouts, and improved memory

RENEW YOUTH™

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George Lewis wasn't just falling asleep in the middle of the day—he was falling asleep in the middle of conversations and while driving his car. "I would drive down the street and I could feel it coming on," he recalls. "I'd have to pull to the side of the road and put the car in park and sleep for about five or ten minutes."

George went to his doctor for some tests, but his doctor told him that everything looked fine. Knowing everything was not fine, George asked for more tests, and his doctor referred him to a urologist to check his hormone levels. "They told me their next appointment was in six months," says George. "I told them, 'I could be dead in six months!'"

Searching for Help

Frustrated by the lack of urgency, George decided to look for help on his own. He searched for "hormone replacement therapy" online. Loads of companies appeared and, according to George, he called all of them.

George was hesitant and not sure whom to trust, but when he found out that the consultant he spoke with at Renew Youth was also a patient, he agreed to get tested. George's lab work confirmed that he did indeed have a hormone imbalance. He continued to call his contact at Renew Youth with questions about the therapy.

"There was no question that was off limits," says George. "He answered all of my questions, he made me feel at home, and I can still call him anytime and he gets right back to me." George appreciates the way Renew Youth monitors, works with, and responds to their clients. That is ultimately what led him to trust Renew Youth with his health. And the results?

Improved Energy and Memory

"It's incredible!" says George. "I have energy. I don't fall asleep just talking to somebody anymore." George started noticing major changes after just a week of being on

therapy. "My son is a med student, and he came home and said, 'Dad, we're studying moles.' I said, 'Moles like the animal or moles like Avogadro's 6.02×10^{23} ?' And then I said, 'Wow! Where did that come from?! I could remember things again.'"

George says that he's really enjoying one "side effect" of his hormone therapy in particular—weight loss. George struggled with his weight before he began working with Renew Youth. It seemed no matter what he ate or didn't eat, he continued to get heavier.

A Waist-Shrinking Side Effect

After being on hormone replacement therapy with Renew Youth for one year, George has lost 70 pounds. His pants size has gone from a 46 to a 36. "I haven't changed my exercise habits. I haven't changed my diet. I haven't changed anything that I do," says George.

George gives Renew Youth the credit for making him feel so much better. "It's incredible," he says. "I have my life back. Renew Youth honestly gave me my life back."

"I was in the military for 26 years," says George. "The other day this guy asked me if I would refold his grandfather's WW2 flag. He had been through a move and the flag had just been thrown in a box. I said 'Sure.' So, I went home to try on my uniform—and I have to get my pants taken in!"

George shares his story with as many people as will listen. "This is a subject that guys don't talk about," he says. If George is with a group of men, he makes it a point to talk about his experience with Renew Youth. He wants others to feel better like him. "This is their health!" he explains. He also encourages new patients to take pictures of themselves each week. Why? "You will be amazed," he answers. "You will be totally amazed."

**Please note that names have been changed to protect patient privacy.*