

## Case Study

# GETTING YOU WHERE YOU WANT TO GO—RENEW YOUTH HELPS REVIVE A HEALTHY RELATIONSHIP

RENEW YOUTH™

#### PATIENT:

James McDaniel\*

#### AGE:

65

#### BEGAN TREATMENT WITH RENEW YOUTH:

2016

#### SYMPTOMS:

Decreased libido and diminished sexual function

#### TREATMENT REGIMEN:

- Testosterone every 3 days by injection
- Estrogen blocker
- HCG
- DHEA
- Pregnenolone
- Vitamin B12
- Tadalafil (generic Cialis) daily

#### CHANGES:

Increased libido and sexual function, testosterone levels in the optimal range

**RENEW YOUTH™**

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James McDaniel is not your typical 65-year-old man. He's a mountain-biking, gym-going, spear-fishing doctor that probably puts most 35-year-olds to shame. After a recent surgery, James was told it would be three months before he could return to work. He was back in one week. He's that kind of guy.

Despite his excellent physical health, at age 55, James ran into an issue common for men his age—his libido began to wane. He and his wife had always had a fulfilling sex life, and he didn't want that to change.

### Searching for a Solution

James started looking for help through his general practitioner. He experienced no improvement. Next, he tried his wife's doctor—more disappointment. James was discouraged, but he was not about to give up.

By the time James turned to Renew Youth for help in 2016, he had already been tested and treated by three providers. None of them were able to find an effective solution to his problem. "We had been here and there with people that had good reputations," he says, "but they just didn't approach it like Renew Youth. It was more random, and the bottom line is that it didn't work."

Once James contacted Renew Youth, he worked with their consultants and a physician to work out a

plan. His regimen now includes testosterone, an estrogen blocker, human chorionic gonadotropin (HCG), dehydroepiandrosterone (DHEA), pregnenolone, vitamin B12, and Tadalafil (generic Cialis). Each has been custom dosed per James' needs using a combination of lab testing and symptom monitoring.

"I've sent several men to Renew Youth," says James. "They'll be going to their general practitioner and get put on testosterone, and that's not enough." James attributes Renew Youth's holistic, multi-layered approach to how great he now feels. "If other 65-year-old men knew how great my life was," he says happily, "they'd hate me!"

### A Partner You Can Trust

James knows how difficult it can be to find a provider whom you can trust. "How do you know who's really good at what they're doing and has your best interest at heart?" he asks. Once he started working with Renew Youth, he knew he had found a true partner. "It's just great when someone's not trying to sell you something—they're just trying to get you where you want to go," he says.

Can Renew Youth promise you the ability to heal from major surgery in a week? No. But they can get you where you want to go on your journey to better living.

*\*Please note that names have been changed to protect patient privacy.*